



DON'T GET DISTRACTED
NEHEMIAH 4:1-9

The books of Ezra and Nehemiah tell about the return of God's people to the promised land after an extended period of captivity, which God allowed because of their unfaithfulness to Him. They returned in three different groups over a span of 100 years with each group focused on a different construction project. And this construction motif that permeates these two books can provide unique guidance for our lives because all of our lives are under construction to one degree or another.

WHAT DISTRACTIONS DID NEHEMIAH AND THE WORKERS ENCOUNTER?

1. The distraction of _____
(Nehemiah 4:1-3; Hebrews 10:32-33; Genesis 3:4-5)

2. The distraction of _____
(Nehemiah 4:7-8; Matthew 6:33; Genesis 15:4)

3. The distraction of _____
(Nehemiah 4:10; Philippians 2:14; 4:6, 13; Numbers 13:25-29; 14:1-4)

WHAT WAS NEHEMIAH'S STRATEGY FOR NEUTRALIZING DISTRACTIONS?

1. Nehemiah neutralized distractions by consistently _____ with God.
(Nehemiah 1:4-11; 2:4; 4:4-5; James 4:7-8)

2. Nehemiah neutralized distractions by implementing a _____ system that emphasized...
 - _____ (Nehemiah 4:16-17; Philippians 4:8; Colossians 3:2)

 - _____ (Nehemiah 4:17-18; Ephesians 6:17; Deuteronomy 11:18; Psalm 119:1)

 - _____ (Nehemiah 4:19-20; Hebrews 10:24-25; 3:13)



MY WORSHIP NOTES

Listen and write down notes from today's singing and sermon!

Name: _____ Date: _____

Circle One: **Sunday** **Wednesday** Circle One: **Morning** **Evening**

LIST THE SONGS THAT WE SANG:



WHAT SCRIPTURE WAS READ? _____

WHAT WAS THE SERMON TITLE? _____



MAKE A MARK FOR EACH TIME YOU HEAR THESE WORDS IN THE SERMON:

GOD	JESUS	NEHEMIAH	DISTRACTION
SATAN	KINGDOM	SWORD	THINK

WRITE DOWN THE BIBLE VERSES THAT WERE USED IN THE SERMON:

DRAW A PICTURE BASED ON TODAY'S LESSON