

ADULT BIBLE CLASSES

Winter Quarter

NOV. 2023 - JAN. 2024



Purpose

Soul Food is a three-year adult Bible class ministry for Sunday Morning and Wednesday Nights. God's Word is powerful enough to make us complete and equipped for every good work. Soul Food is intentionally designed to feed our souls with the Word of God. Dedicating ourselves to the milk, manna, meat, and morsels of Scripture will produce generations of faithful men and women of God who practice their faith in everyday life.

Provisions

If we want to be adequately fed spiritually, we must consume all God's Word has to offer. Because the Bible is living and active, it continually applies to everyone regardless of age or maturity level. However, that does not mean everyone can readily comprehend or understand the weightier portions of Scripture. Soul Food feeds babes in Christ, seasoned brethren, and everyone in-between so that we may all grow in our love and knowledge of the Lord together at a level we each understand. (1 Corinthians 3:2, 1 Peter 2:2-3, Hebrews 5:12-14)



MILK— Sunday morning classes intended to nourish those searching for the truth, new converts, or babes in Christ. Teachers will present the Word in a manner participants can easily receive and understand.



MANNA— Sunday morning classes intended to nourish faithful men and women seeking to deepen their understanding of God's Word. Teachers will present the Word in a manner that the majority of the congregation can receive and understand.



MEAT— Sunday morning classes intended to nourish seasoned Christians. Teachers will present the Word in an in-depth manner that helps even the most knowledgeable Christian grow in understanding.



MORSELS— Wednesday night classes intended to nourish all participants with practical application in their daily life. Teachers will present the Word in a manner that makes it matter in the participant's life.

— Pathways —

SPIRITUAL MATURITY PATHWAY

- On Sunday Mornings, all participants are on the same pathway of journeying from milk to meat. Classes are chosen based on depth of study the participants' desire (milk, manna, meat). These classes have a predominantly textual emphasis.

SEASON OF LIFE PATHWAY

- On Wednesday Nights, all participants are free to choose which pathway applies most to their life at that time. Classes are chosen based on the participants' spiritual interests (morsels). These classes have a predominantly practical emphasis based in Scripture.

— Parameters —

- Soul Food intentionally seeks to provide a full and comprehensive consumption of the whole counsel of God.
- Soul Food is for anyone in the ages of college and older.
- Our Shepherds have carefully and thoughtfully selected the courses, teachers, and objectives for all classes.
- Everyone is free to choose whatever pathway best suits their spiritual needs. When it comes to Milk, Manna, Meat, and Morsels—it is ultimately up to the participant to decide where they belong and what they need. Having the freedom to return to the milk of the fundamentals is important even for the most seasoned participants.

— Leadership —



Elder:
Todd Newman



Deacon:
Jim Craft

— Resources —



Minister:
Ben Hogan



Minister:
Kyle Rye

— Table of Contents —

SPIRITUAL MATURITY PATHWAY - SUNDAY CLASSES

MILK, MANNA, AND MEAT CLASSES

MILK CLASS	PAGE. 6
MANNA CLASSES	PAGE 7
MANNA CLASS (YOUNG FAMILIES)	PAGE 8
MANNA CLASS (YOUNG ADULTS)	PAGE 9
MANNA CLASS (COLLEGE AGE)	PAGE 10
MANNA CLASS (KOREAN LANGUAGE)	PAGE 11
MEAT CLASSES	PAGE 12

SEASON OF LIFE PATHWAY - WEDNESDAY CLASSES

MORSEL CLASSES

GENERAL STUDIES CLASSES	PAGE 14
HOW TO CLASS	PAGE 15
WOMEN'S APPLIED STUDIES CLASS	PAGE 16
WOMEN OF FAITH STUDIES CLASS	PAGE 17
HEALING MINISTRIES CLASS	PAGE 18
GENERAL STUDIES CLASS (KOREAN LANGUAGE)	PAGE 19

Class details for this Quarter's Classes and a projected schedule through Spring 2024 are provided in the following pages.
All classes and teachers are subject to change.

Sunday Classes

SPIRITUAL MATURITY PATHWAY



**All participants are on the pathway of
journeying from milk to meat.**

**Select a class based on depth of study
that you desire for Spiritual Growth.**



This Quarter's Class

SURVEY OF NEW TESTAMENT

TEACHER: **BEN COLLINS** LOCATION: **ANNEX 2 #217**

An overview study of the entire New Testament. Class topics will include organization, purpose, repeating themes, and a look into the culture of that day.

Yearly Schedule

FALL Aug-Oct	FOUNDATIONS OF FAITH	Ben Hogan
WINTER Nov-Jan	SURVEY OF NEW TESTAMENT	Ben Collins
SPRING Feb-Apr	SURVEY OF OLD TESTAMENT	Teacher TBA



This Quarter's Classes

GOSPEL OF MARK (PT 2)

TEACHER: **Stan Nutt** LOCATION: **Auditorium**

A Live-streamed class. View on website "Watch Live" page.

A survey of the gospel of Mark from the baptism of Jesus to the feeding of the four thousand.

DIVIDED KINGDOM

TEACHER: **Lyle Owens** LOCATION: **Basement #406**

This class has Elevator Access.

A study on how we determine our course of action in life, to walk in compliance or rebellion to God's word. I Kings 12 - II Chronicles 28

Yearly Schedule

FALL Aug-Oct	GOSPEL OF MARK (PT1) Stan Nutt	UNITED KINGDOM Lyle Owens
WINTER Nov-Jan	GOSPEL OF MARK (PT 2) Stan Nutt	DIVIDED KINGDOM Lyle Owens
SPRING Feb-Apr	THEMATIC STUDY Stan Nutt	GENESIS (Pt 1) Stan Quinn



This Quarter's Class

YOUNG FAMILIES

STUDY OF SOLOMON AND ECCLESIASTES

TEACHER: Craig Middleton LOCATION: Annex 2 #215

When a young family is encountering the challenges which come from work, school, finances, hobbies, marriage, and parenting, it is easy for one's priorities to "get out of whack." In an attempt to guide students during this difficult time, this class will honestly present the vanity of worldly pursuits, reminding its students of the most-important need in this life: to fear God and keep His commandments.

Yearly Schedule

FALL Aug-Oct	A COME TO JESUS MEETING	Craig Middleton
WINTER Nov-Jan	STUDY OF SOLOMON AND ECCLESIASTES	Craig Middleton
SPRING Feb-Apr	CHRISTIAN VIRTUES	Teacher TBA



YOUNG ADULTS

This Quarter's Class

PROPHECY & PROPHETS (PART 2)

TEACHER: **Shawn Kirtland** LOCATION: **Basement #408**

A study of the prophets and prophecies in both the Old and New Testaments. A glimpse into God's plan for humanity and the ultimate fulfillment of that plan in Jesus.

Yearly Schedule

FALL Aug-Oct	PROPHECY & PROPHETS (PT 1)	Scott Sitton
WINTER Nov-Jan	PROPHECY & PROPHETS (PT 2)	Shawn Kirtland
SPRING Feb-Apr	PARABLES OF JESUS	Teacher TBA



COLLEGE AGE

This Quarter's Class

MIRACLES OF JESUS

TEACHER: **Ian Quinn** LOCATION: **Annex 2 #214**

A study to understand miracles, the relationship of Jesus' miracles to Old Testament prophecy, how His miracles validated both His teaching and His person, and how they demonstrated a power superior to that of Satan.

Yearly Schedule

FALL Aug-Oct	DID NOT MEET	
WINTER Nov-Jan	MIRACLES OF JESUS	IAN QUINN
SPRING Feb-Apr	SUBJECT TBA	Teacher TBA



This Quarter's Class

KOREAN LANGUAGE

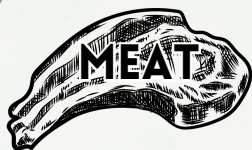
STUDY OF 1 JOHN

TEACHER: **Minku Chang** LOCATION: **A1 #105**

A textual analysis and discussion of the book of 1 John.

— Yearly Schedule —

FALL Aug-Oct	EPHESIANS	Minku Chang
WINTER Nov-Jan	1 JOHN	Minku Chang
SPRING Feb-Apr	1 and 2 Thessalonians	Minku Chang



This Quarter's Classes

SPIRITUAL WARFARE (PART 2)

TEACHER: **Stan Burnette** LOCATION: **Fellowship Hall**

A Live-streamed class. View in website Members Section.

Spiritual warfare is real and your faith is at stake. Satan seems to be everywhere and seems to have the advantage. We are in spiritual war and Satan is attacking us and our families and we must fight back! Prepare yourself for this Spiritual War by understanding the battle and how to win.

ROMANS (PART 2)

TEACHER: **Todd Newman** LOCATION: **Basement #402**

Exploration of the righteousness and power of God for our salvation and the significance of Jesus Christ's sacrificial death for our eternal salvation. Plus, learn how to live our Christian life to God as daily living sacrifices. Paul's epistle of Romans is the most systematic presentation for the doctrine of salvation in all its fullness for those who believe and live by faith.

Part 1 of each class is not required to attend.

Both classes have Elevator Access.

Yearly Schedule

FALL Aug-Oct	SPIRITUAL WARFARE (PT 1) Stan Burnette	ROMANS (PT 1) Todd Newman
WINTER Nov-Jan	SPIRITUAL WARFARE (PT 2) Stan Burnette	ROMANS (PT 2) Todd Newman
SPRING Feb-Apr	N.T. WORLD Stan Burnette	HOLY SPIRIT (PT 1) Todd Newman

Wednesday Classes

SEASON OF LIFE PATHWAY



Practical application for daily living

**Select a class based on your
Spiritual interest (morsels)**



This Quarter's Class **GENERAL STUDIES CLASSES**

SEEING THE COMING OF CHRIST

TEACHER: **JOHN IVERSON SR.** LOCATION: **AUDITORIUM**

A Live-streamed class. View on website "Watch Live" page.

A study of 1 & 2 Thessalonians.

HABITS FOR REALIZING OUR SPIRITUAL POTENTIAL

TEACHERS: **ANDREW NEWMAN AND STAN QUINN**

LOCATION: **FELLOWSHIP HALL (Elevator Access)**

Part 2 in our study of various scriptures intermixed within the Seven Habits framework - developed by Stephen Covey in the book "7 Habits of Highly Effective People" to survey how to craft habits that will help us become more effective Christians. (Part 1 not required to attend)

—— *Yearly Schedule* ——

FALL Aug-Oct	HABITS FOR REALIZING OUR SPIRITUAL POTENTIAL (PT 1) Andrew Newman & Stan Quinn	
WINTER Nov-Jan	HABITS FOR REALIZING OUR SPIRITUAL POTENTIAL (PT 2) Andrew Newman & Stan Quinn	SEEING THE COMING OF CHRIST John Iverson Sr.
SPRING Feb-Apr	THEMATIC STUDY Andrew Newman	TOPICAL STUDY TBA



This Quarter's Class

HOW TO ... CLASS

MAKE EVANGELISM PERSONAL

TEACHER: **Ben Hogan** LOCATION: **Annex 2 #216**

Evangelism has become so unnatural in our culture today. It seems like the more impersonal evangelism is, the more willing people are to take part in it. This class will inspire us to make our evangelism personal again and equip us with the tools to seek and save the lost in our world today.

— Yearly Schedule —

FALL Aug-Oct	STUDY THE BIBLE	Kyle Rye
WINTER Nov-Jan	MAKE EVANGELISM PERSONAL	Ben Hogan
SPRING Feb-Apr	EXERCISE YOUR FAITH	Kyle Rye



This Quarter's Class **WOMEN'S APPLIED STUDIES**

APPLIED PARENTING INFANT TO TEEN

TEACHERS: **Jenny Burnette & Pam Newman**

LOCATION: **Annex 2 #215**

REGISTER



Together we will apply biblical principles in practical ways for various areas of parenting. Class is designed to provide a brief lesson followed by discussion time & breakout groups.

About Women Applied Studies

The objectives of this women's pathway is to provide lessons with discussion sessions, practical application of textual based subjects, tools and take home materials, and personal experience added to in-depth studies. Classes focus on:



Strengthening
Studies



Personal
Spiritual
Growth






Marriage
A Wife's
Role



Biblical
Parenting

Pathway Coordinators: Jenny Burnette & Pam Newman

Yearly Schedule

FALL Aug-Oct	 THE HEART OF BIBLICAL PARENTING	Jenny Burnette Pam Newman
WINTER Nov-Jan	 APPLIED PARENTING: INFANT TO TEEN	Jenny Burnette Pam Newman
SPRING Feb-Apr	 MADE LIKE MARTHA?	Diane Ilardi Cookie Smith



This Quarter's Class **WOMEN OF FAITH STUDIES**

STRENGTHEN US FOR SUCH A TIME AS THIS

TEACHERS: **Various Buford Women**

LOCATION: **Basement #407 (Elevator Access)**

A study of Ezra, Nehemiah, and Esther. This book study is from the 2023 Lectureship book.

About Women of Faith Studies

The objectives of this women's pathway is to develop a stronger abiding faith, with different Buford women teaching each week, and a book study based on truths from the Bible.

Pathway Coordinators: Nancy Martin & Pat Owens

Yearly Schedule

FALL Aug-Oct	NOURISH	Various Women Teach
WINTER Nov-Jan	Strengthen Us For Such A Time As This	Various Women Teach
SPRING Feb-Apr	TBA	Various Women Teach



This Quarter's Class **HEALING MINISTRIES CLASS**

FORGIVENESS

TEACHER: **BRENDAN REGINBALD**

LOCATION: **Basement #402**

In the life of a Christian, forgiveness may be the most difficult thing we have to face. Sometimes it feels impossible to forgive those who have wronged or hurt us. We become useless when we cannot forgive ourselves for our own shortcomings and failures. This class will help us learn how to forgive our neighbor and ourselves.

Yearly Schedule

FALL Aug-Oct	GRIEF AND TRAUMA	John McClain
WINTER Nov-Jan	FORGIVENESS	Brendan Reginbald
SPRING Feb-Apr	MARRIAGE & FAMILY	Teacher TBA



This Quarter's Class **KOREAN LANGUAGE CLASS**

BASICS OF THE CHURCH OF CHRIST

TEACHER: **Minku Chang** LOCATION: **A1 #105**

A study through the scriptures to understand why we practice what we practice as the church of Christ.

Yearly Schedule

FALL Aug-Oct	THE LIFE OF ABRAHAM	Minku Chang
WINTER Nov-Jan	BASICS OF THE CHURCH OF CHRIST	Minku Chang
SPRING Feb-Apr	THE ACTS OF ELIJAH AND ELISHA	Minku Chang



*Blessed are those who hunger and
thirst for righteousness, for they
shall be satisfied.*

Matthew 5:6

