

## UNDER CONTROL

Fruitfulness is not about doing more stuff but about being more like Christ. So, we want to be intentional this year in identifying and studying how we can be more like Him. One of the ways we're seeking to do that is through studying the fruits of the Spirit. In this series, we will examine gentleness by looking at the most relevant passages that address it.

The eighth fruit of the Spirit is "gentleness" or "meekness" according to Galatians 5:23, but this characteristic is more than just a fruit (Matthew 5:5; Galatians 6:1; Ephesians 4:1-2; Philippians 4:5; Colossians 3:12; 1 Timothy 3:3; 6:11; 2 Timothy 2:25; 1 Peter 3:4, 15).

Despite the frequency with which gentleness and meekness are mentioned in the New Testament, it might be the most misunderstood fruit. That's because gentleness and meekness tend to be viewed negatively today. So, we need to define gentleness and meekness on Jesus's terms.

## WHAT DO WE LEARN ABOUT GENTLENESS FROM MATTHEW 11:28-30

2.	Jesus associated gentleness with a	, which indicates that gentleness is ultimately

1. Jesus identified \_\_\_\_\_ as gentle, which indicates that gentleness is not equivalent to

