



## LEARN TO BE CONTENT

1 TIMOTHY 6:6-10

“...fasting is one of the more important ways of practicing that self-denial required of everyone who would follow Christ (Matt. 16:24). In fasting, we learn how to suffer happily as we feast on God.”

Dallas Willard, *The Spirit of the Disciplines*  
(New York, NY: HarperCollins, 1988): 167.

**CONTENTMENT IS A BIBLICAL \_\_\_\_\_.**

**CONTENTMENT IS A STATE OF \_\_\_\_\_.**

**CONTENTMENT IS \_\_\_\_\_.**



# MY WORSHIP NOTES

Listen and write down notes from today's singing and sermon!

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Circle One: **Sunday** **Wednesday** Circle One: **Morning** **Evening**

**LIST THE SONGS THAT WE SANG:**



|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

**WHAT SCRIPTURE WAS READ?** \_\_\_\_\_

**WHAT WAS THE SERMON TITLE?** \_\_\_\_\_



**MAKE A MARK FOR EACH TIME YOU HEAR THESE WORDS IN THE SERMON:**

|                |                     |              |                    |
|----------------|---------------------|--------------|--------------------|
| <b>GOD</b>     | <b>JESUS</b>        | <b>BIBLE</b> | <b>FASTING</b>     |
| <b>CONTENT</b> | <b>SATISFACTION</b> | <b>NEED</b>  | <b>CONTENTMENT</b> |

**WRITE DOWN THE BIBLE VERSES THAT WERE USED IN THE SERMON:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**DRAW A PICTURE BASED ON TODAY'S LESSON**